

Course Outline

Workplace Employee Hygiene

Tough Issues: Talking to Employees about Personal Hygiene

- Identify the benefits to having tough conversations
- Describe the elements to an effective behavior modification conversation
- Use your company's resources to Help you cope with hygiene issues
- Overcome barriers that workers put Up when talking hygiene problems
- Nip poor hygiene habits in the bud
- Identify ways to promote good Hygiene at your office
- Resolve hygiene issues like bad Hair days, improper piercings and body art, bad clothing choices, bad breath, body odor, excessive gas, and incontinence

Course Overview

We devote the first part of the day getting to know participants and discussing what's going to occur during the workshop. Students will also have a chance to identify their personal learning goals.

Let's Talk About It!

To begin the day, participants will take a look at a number of the professional and personal advantages of investing their time and energy into a challenging conversation.

Guidelines for Difficult Conversations

This session will give participants a framework for any tricky conversation and an opportunity to role play ways to start the dialogue. Participants will also receive a checklist of business policies that they ought to familiarize themselves with.

Overcoming Objections

Next, participants will role play what to do if the worker gets offended, won't acknowledge they have a issue, refuses to resolve the problem (or fixes it only temporarily), or asserts that the problem is because of disability.

Bad Hair Days (And Weeks... and Months...)

This session will focus on options for unkempt hair, unprofessional hairstyles, and dandruff.

Addressing Piercings and Body Art

In this session, participants will learn some great techniques to bring up and solve issues in regards to any body piercings and tattoos.

Helping Workers Dress for Success

Next, participants will learn how to handle dress code violations, with a special section on topics that could be gender-sensitive. Participants will also get some helpful tips on helping workers who do not possess the tools to dress appropriately.

Bad Breath

This session will explore the causes of bad breath (officially called halitosis), the way to solve it, and how to discuss it with employees.

Body Odor

Next, participants will brainstorm ways to take care of inadequate personal hygiene, body odor from medical problems, and over-perfumed employees. We will also take a glance at what to do if you think you detect alcohol or drugs on an employee.

Gastrointestinal Issues

This Session will look at talking incontinence and flatulence with a worker.

Bad Habits

Finally, Participants will produce a list of their preferred poor hygiene habits and brainstorm answers for them.

Putting it into Practice

In the final session of the day, participants will role play a tricky hygiene situation and get feedback on how they handled the situation.

Workshop Wrap-Up

At the end of the program, students will have a chance to ask questions and complete an action plan.

This course can be fully customised for your business team.
Please contact us for more details and our team will happy to assist.

www.paramountplus.com.au
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